

Rec Center Report, October 22, 2013

submitted by Scott Armstrong

Facility Update:

As the weather gets colder, we are seeing more general use of the Rec Center. Many of our programs have started, such as swim lessons, swim team, and Sea Scouts. Martial arts is growing again. Swim team has 40 kids signed up. The school is visiting for elementary school swimming and TAP.

New fitness room equipment has arrive to the excitement and delight of all. Last year, we saved enough money to buy 8 new machines. After much research, we determined that buying these new Hoist machines was more cost effective than buying used. These machines offer much better comfort, effectiveness, safety and appeal than our previous versions. We are planning an open house on October 25 to celebrate the event.

We recently received a small grant from the United Way to bring 'at risk' youth into our martial arts program. Instructor Brittany Schmitt will be contacting the school soon to talk about how our martial arts program can assist in addressing behavioral issues with Bayfield School children.

Programs update: The following were offered in September:

Aqua Fit
SilverSneakers

Martial Arts

Little Kickers

First Steps to Fitness

Birthday Parties

Mah Jong

Red Cross Swim Lessons

Private Swim Lessons

Senior Wellness Day

SilverSneakers

August Use

2399 total visits - 612 Seniors, 1120 Adults, 667 Children

425 visits from programs

Membership Update

TOTAL 523 people who were members on September 30, 2013 242 family units