

Rec Center Report, October 12, 2015
submitted by Scott Armstrong

Facility Update:

The falls schedule is in full swing at the Rec Center, with swim team and martial arts going strong now that youth soccer is over. Some of the better martial arts youth have been traveling to spar in national tournaments and have medaled. Magdalen Dale is leading a Drop Off Kid Care program where parents can have their kids supervised (play in the racquetball court) while they exercise twice a week. Senior Chair Yoga has been popular, and we are looking forward to Ballroom Dancing, Aqua Zumba and Meditation classes starting soon.

Recent school use has been Ms. Belanger's elementary swim lessons and plenty of athletes lifting weights after school. We are waiting to hear from TAP about any upcoming use of the pool.

We closed for four days over Applefest and did a number of minor maintenance projects, including:

- professional scrubbing of the pool deck and locker rooms
- professional rug cleaning
- touch up painting of shower walls and doors on pool deck
- new LED lights in locker rooms

These projects are NOT part of the school's capital improvement funding. Two recent projects that are:

- two new hot water tanks are installed and working fine (\$11,000)
- purchase of a new water fountain upcoming (\$700)

Programs update: The following were offered in September

Aqua Fit	Mah Jong
SilverSneakers	Martial Arts
Little Kickers	Sea Scouts
Birthday Parties	Senior Chair Yoga
Fitness at Five exercise classes	Yoga in Bayfield
Peel Out 5k Trail Run	Birthday Parties
National Park Service training in pool	
Senior Wellness Day - free use of Rec Center for seniors on Fridays	

Use for September 2015

2630 visits 875 Seniors, 1149 Adults, 606 Youth
791 visits from programs

Current membership = 629 members (319families)