

# Exposed to COVID-19

COVID-19 spreads mainly from person-to-person through respiratory droplets and aerosols. If you've been exposed to COVID-19, you could get sick and spread COVID-19 to others.

## Follow these steps if you are exposed, even if you are up to date with COVID-19 vaccines:

- » **Wear a well-fitting mask** around others at home and in public for 10 days after your last exposure.
- » **Watch for symptoms** of COVID-19 for 10 days after your last exposure.
- » **Get tested** for COVID-19 at least 5 days after being exposed to COVID-19.



## Frequently Asked Questions

- ? What if someone is unable to wear a mask?**  
If someone cannot wear a mask (such as those 2 years and under or individuals with certain disabilities) other prevention actions (such as improving ventilation) should be used to avoid transmission for these 10 days.
- ? What if I test positive or develop symptoms of COVID-19?**  
If you test positive or develop symptoms of COVID-19, isolate immediately. Follow instructions for isolation at: [dhs.wi.gov/covid-19/diagnosed.htm](https://dhs.wi.gov/covid-19/diagnosed.htm).

Visit [www.dhs.wi.gov/close-contacts.htm](https://www.dhs.wi.gov/close-contacts.htm) to learn more.