

Rec Center Report
October 20, 2020 - Prepared by Rosa Karl

Updates and Changes

- We are still in Phase 2 of our reopening. Memberships have reverted back to their pre-Covid prices, but members may keep their memberships on hold if desired.
- The pool is open for lap swim, and for a family open swim on Saturday mornings. For the family open swim, the pool is divided into 4 sections to ensure social distancing and families can reserve a half hour slot in a specific area.
- Cardio/weight equipment is available. Our machines are spread through the fitness room and racquetball court, and we are taking reservations for lanes/areas/times to aid in social distancing. No sauna/hot tub available until Phase 3, mostly due to the expense of heat and chemicals for the hot tub and concerns about the small space of the sauna.
- Ages 14+ allowed in facility as those are the ages allowed to use fitness equipment. Exceptions will be made for those under 14 to attend specific programming such as private martial arts lessons, scheduled lap swims, or family open swim.
- We are currently offering a socially distanced Aqua Fit class, and a small group Silver Sneakers Yoga class. No other group exercise classes at this time.
- Aspire Martial Arts group classes are cancelled at this time. We are doing Private Lessons.
- 2020-21 Season for Bay Area Swim Team is postponed with probable cancellation. We will revisit our decision in November. Swim Team Participants are encouraged to schedule lap swim times to keep up their skills.
- We hope to resume socially distanced Red Cross Swim Lessons in the future.
- We are currently hiring lifeguards!

September 2020 Use

Strength and Cardio Equipment, Family Open Swim and Lap Swimming were available.

Total Visits - 818

Senior - 350

Adult - 429

Youth (Aspire Private Lessons, Family Open Swim, and Facility Use by Ages 14+) - 39

September 2020 School Groups

Student Athletes' Use

Facilities Projects and Status

We are beginning to use our new membership platform and getting current and new members into the system. Spoke with Jeff Gordon about getting a roster of Middle School and High School Athletes so that they can be entered into the system.

September Programs and Classes

Aquatics

Aqua Fit

Family Open Swim

Certifications



Private CPR Certifications

Lifeguard Review

Fitness and Wellness

Aspire Martial Arts Private Lessons

Rec Center Report
October 20, 2020 - Prepared by Rosa Karl



Private Martial Arts Lessons

*Tuesday & Thursday afternoons
at the Bayfield Pavilion
\$15/half hour + \$5/additional person*

*To Schedule:
email brittany@recreationandfitnessresources.org
or call 715-779-5408*

www.recreationandfitnessresources.org 715-779-5408

Made with PosterMyWall.com

SILVER SNEAKERS YOGA

BAYFIELD REC CENTER, 140 S. Broad St., Bayfield

INSTRUCTOR: BECKY ZELENT, M.Ed.

STRETCH. STRENGTH & BALANCE

TUESDAYS & THURSDAYS, 9:00-9:45 AM
BEGINS OCTOBER 6, 2020
FREE FOR MEMBERS - LIMIT 6



www.recreationandfitnessresources.org (715) 779-5408

Made with PosterMyWall.com