Rec Center Report November 4, 2020 - Prepared by Rosa Karl

Updates and Changes

- -We are still in Phase 2 of our reopening. Memberships have reverted back to their pre-Covid prices, but members may keep their memberships on hold if desired.
- -The pool is open for lap swim, and for a family open swim on Saturday mornings. For the family open swim, the pool is divided into 4 sections to ensure social distancing and families can reserve a half hour slot in a specific area.
- -Cardio/weight equipment is available. Our machines are spread through the fitness room and racquetball court, and we are taking reservations for lanes/areas/times to aid in social distancing. No sauna/hot tub available until Phase 3, mostly due to the expense of heat and chemicals for the hot tub and concerns about the small space of the sauna.
- -Ages 14+ allowed in facility as those are the ages allowed to use fitness equipment. Exceptions will be made for those under 14 to attend specific programming such as private martial arts lessons, scheduled lap swims, or family open swim.
- -We are currently offering a socially distanced Aqua Fit class, and a small group Silver Sneakers Yoga class. No other group exercise classes at this time.
- -Aspire Martial Arts group classes are cancelled at this time. We are doing Private Lessons.
- -2020-21 Season for Bay Area Swim Team is postponed with probable cancellation. We will revisit our decision in November. Swim Team Participants are encouraged to schedule lap swim times to keep up their skills. They can request a lane with a starting block in it.
- -We hope to resume socially distanced Red Cross Swim Lessons in the future.
- -We are currently hiring lifeguards!

October 2020 Use

Strength and Cardio Equipment, Family Open Swim and Lap Swimming were available.

Total Visits - 966 Senior - 408 Adult - 441

Youth (Aspire Private Lessons, Family Open Swim, Lap Swim and Facility Use by Ages 14+) - 117

October 2020 School Groups*

Student Athletes' Use

* We are beginning to use our new membership platform and getting current and new members into the system. We still need a roster of Middle School and High School Athletes so that they can be entered into the system.

Facilities Projects and Status

Replacing Showeroff Mechanisms in Locker Rooms as needed.

Ordered replacement door in pool area on lake side of building.

RFR Facility Committee met to determine projects for 2021. Of top priority is a shed or adjacent building in which to store flammable materials, snowblower, lawn mower, etc. Becky is in the process of filling out the building permit which will be submitted to the City.

October Programs and Classes

Aquatics

Aqua Fit

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Family Open Swim

Certifications

Private CPR Certifications

Fitness and Wellness

Aspire Martial Arts Private Lessons
Silver Sneakers Yoga



