

SEPTENTRION-GIIWEDIN

THE BAYFIELD TROLLER MONTHLY NEWSLETTER

WINTER 2023

ALICE TRAINING: GET IN THE KNOW

-Maria Pero

A.L.I.C.E. Training, something that most of us have probably heard about by now. A.L.I.C.E. stands for alert, lockdown, inform, counter, and evacuate, but why do we train for something that's less likely to happen than being struck by lightning? Does A.L.I.C.E. actually make us more prepared?

Formerly certified A.L.I.C.E. Trainer and current 6-12 Principal at Bayfield School District Shellie Swanson answers our questions.

"A.L.I.C.E. is a training we do for all staff and students to ensure everyone has options to stay safe in the event of a violent intruder. We do train specifically for our school, but the information can be used in everyday situations, such as at

movie theaters, the mall, or the local grocery store. The acronyms help us remember we have choices to make such as evacuate, lockdown, and counter the intruder."

ALERT
Initial Alert may be a gunshot, PA announcement, etc...
Avoid code words.

LOCKDOWN
If Evacuation is not a safe option, barricade entry points.
Prepare to Evacuate or Counter if needed.

INFORM
Communicate real time information on shooter location.
Use clear and direct language using any communication means possible.

COUNTER
As a last resort, distract shooters ability to shoot accurately.
Move toward exits while making noise, throwing objects, or adults swarm shooter.

EVACUATE
Run from danger when safe to do so using non-traditional exits if necessary. Rallying point should be predetermined.

Mrs Swanson states that the drill might cause a lot of anxiety for some people but it can be helpful so that you feel prepared in case of an emergency. If you feel anxious about the drill at school you can reach out to Karla Vinci, August Gordon, Muskadee Montano, Mrs Swanson, or Doug Jardine. If you need *anonymous help for feelings of anxiety* text **CONNECT** to **741741**.

NEW STAFF Emily Robertson

-Maria Pero

Ms. Robertson is a new paraprofessional grew up in Maple Grove, Minnesota. She enjoys spending her free time meditating, exploring, swimming, cooking, and studying astrology. She has an 11 year old beagle named Eugene at home.

The last book Emily read was *A New Earth by Eckhart Tolle*. Her favorite pizza toppings are figs, blue cheese, onions, parmesan cheese, and olives. Welcome Ms. Robertson!



HOROSCOPES

Sagittarius: You will just be walking along minding your own business, possibly even getting a coffee. And then, when you least expect it, a piano will fall straight on your head! Yup you heard me, that piano just fell straight from the sky onto YOU. "Why you ask" well my friend it just happened, there is just no logical reason for it, stuff just happens. Next month will be better, lovely, prosperous even. The food of the month is Lindt Chocolate truffles, and the lucky numbers are 17, 18 and 62. Song of November: *Fidelity* by Regina Spektor.

Libra. I know this isn't horroscope season anymore, but you will be BURIED ALIVE in a coffin that is 6 feet deep in the ground! You will have to find your way to dig yourself out somehow. But hey don't worry too much, your coffin has free wifi and that pillow is super comfortable (: The food of the month will be...Corn and your lucky numbers are 35, 800 and 1. The song of November for you is *Hot Sauce* by (a native artist) Xander Muxic.

Leo. Leo you have to get your act together you have to stop dating women who are under 25 years of age, you are very well into your 40s now! Fun fact: the average human brain doesn't fully develop until the age of 25. You're not a college boy anymore so grow up! The food of the month is Spaghetti and your lucky numbers are 26, 27 and 28, but **don't** date anyone whose age is one of them. Your November is *Rolling in the Deep* by Adele.

Cancer. I will tell you some things you have to do in order to not get cursed. Eat five carrots a day, walk 10 miles, sleep with your face on the pillow, make a frowning face at every person you make eye contact with, and whatever you do don't go to France. Your lucky number is the phone number of the studio that made the movie *Shrek*. Your musical November is ending with *Who'd Have Known* by Lily Allen.

Capricorn. You are going to catch a cold and your shoes will be wet and your hair will be eternally tangled and there will be no toilet paper. Yes it is quite an unfortunate month for you ☹️. The food of the month will be a special dish called Lopadomectararoplismachroonshrahwrtqysgh, seriously google it! Oh and the lucky number is 12. Your November definitely does not radiate the positive energy of this song but we figured that you needed to hear something positive after how your month has been: *Change from the Steven Universe Movie playlist*.

Pieces. An owl crashes through your window and gives you a fancy letter. You have just been invited to Hogwarts school of witchcraft and wizardry!. Your Hogwarts house is Slytherin. The food of the month is bagels and your lucky numbers are 90, 11 and -40. Your music for this past month is or was? *RENT FREE* by jvstmari.

Gemini. You are nothing but a Sim, yes just a sim that somebody made up, it's all a part of the simulation ☹️. So that means you'll be immortal and live forever as a sim named Bob with a big mansion and free rent and pets. Food of the month: Whatever you can buy with a \$45 A&W gift card. Your lucky numbers are 900 and 2. Your songs this month, yes songs as in you get two, are *Both Hands* by Ani DiFranco and *Memories* by Thutmose (yes from the Spiderman soundtrack).

Aries. I will turn you into a Ferret. You will stay in this ferret form for 36 years. The only way to undo the spell is if you eat a whole Pumpkin which would be pretty hard in Ferret form. Your name is Zhingos (ferret in Ojibwe). Your lucky numbers are 700, 47 and -7. Your sound is *Pretend* by ST4R (regular or the sped up version).

Taurus. You have just found out that Betty White has left you in her will! Now you are the grand owner of her estate and head of all of her foundations. "Why am I in her will?" you ask yourself, well my friend it turns out that she is your great great great aunt. It's truly your lucky day, congrats. The food of the month is white bread and your lucky numbers are 5, 43 and 21. Your songs are *delusional* by Ash The Ghost, *Invincible* by Amine (yes it's from Spiderman), and *I kissed Someone (It Wasn't You)* by dodie.

Virgo. Beware of any flight of stairs you come across! Trust me you will fall down! The prophecy says so also beware any wall that has a green hue because that is a CURSE that will give you no platonic or love life! Stay well and be safe my friend. The food of the month is a raw Potato and your lucky numbers are 80, 81 and 82. Your song is *32 Flavors* by Ani DiFranco.

Aquarius. Ahhh it's a bear noooo you have just gotten attacked by a 1,000 pound polar bear. Oh what will we do! Hopefully it will be but a scratch and the worse you can possibly get is a light sprain. Food of the month: Eggs. Lucky Numbers: 6, 88, 0. Song of November: *Sweatshirt* by Chenayder.

SPORTS

FALL RECAP

GIRLS BASKETBALL

The girls team is off to a tough start this year, with a small team and also many injuries. Coach Daryl DePerry is leading the team, along with team captain Presley Smith. Freshmen, Stella Gordon stated, “we had a bad start, but it will get better once people are healed.”



Currently the team is 0 and 4, but there are plenty of games left in the season. This year, community members can subscribe to the NFHS channel to watch Trollers games online. For more information- <https://www.nfhsnetwork.com/schools/bayfield-high-school-bayfield-wi>

BOYS BASKETBALL

This season’s boys team is coached by George Newago with captain Quintin Bresette at his side. Currently the team has a record of 2 wins and 4 losses with at least 15 more games in the season, plus regionals. They also have one game over holiday break.



Junior, Logan Antiel stated, “The team is pretty good, but we can do better.” According to Antiel, the big challenge for the team is to avoid fouls. He continue, “we aren’t doing as good as we should, but we’re going to turn this season around.”

ACTIVITY DAY

This year, Bayfield High students were treated to a whole day of fun activities, rather than just a half day. On Friday, December 15th, teachers and students played games, watched movies, played volleyball and connected outside of normal classroom studies. Wren Zifko said she liked watching the movies, especially *Christmas Vacation*, which was shown in Mr. Kriner's classroom. Senior Carter Gordon said he had fun. "I liked all the freedom we had, and the movies were good." Ms. Hall hosted trivia in her room, and Ms. Woodworth hosted JackBox games as well. The winners of the volleyball tournament was a group of Juniors, headed up by Logan Antiel and Giizhikowkwe Gauthier. All in all, fun was had by all and the day went well.

